



**WEDNESDAY, JULY 15 2026**

**TIME: 9:00AM - 3:00PM**

JA OFFICE | 6100 GRAND AVE  
DES MOINES, IA 50312

Questions? Contact Heidi Gruca | [Heidi@jacentraliowa.org](mailto:Heidi@jacentraliowa.org)



**[CLICK HERE](#)**  
**[TO REGISTER](#)**

**LUNCH  
PROVIDED**

**WEDNESDAY,  
JULY 15 2026**

Join us for a powerful, one-day event designed to empower young women to dream bigger, build confidence, and forge meaningful connections. Hear directly from influential female leaders and community experts as they share practical skills, real-world advice, and inspiration you won't want to miss.

- ✓ **Leadership Skills**
- ✓ **Career-Interest Inventory**
- ✓ **Goal Setting**
- ✓ **Financial Literacy**
- ✓ **Career-Readiness Skills**
- ✓ **Collaboration**

This event is limited to 50 female participants who must be 14-21 years old by July 1, 2026. There is no registration fee. [Click here to register!](#)